



PARTNERING UP WITH THE CAROLINA HURRICANES

'READVOLUTIONIZING' READING WITH THE 'CANES!

Congratulations to the 11 elementary schools who were selected to attend a Carolina Hurricanes practice this past February at the PNC Arena!

Nine schools were drawn from among 51 elementary schools who read at least 2,020 books collectively since October, as part of the @NHL_Canes #READvolution reading program. Two schools will be able to attend due to the fact that they each read more than 10,000 books collectively!

Also, nearly 2,700 elementary students from across the district each logged at least 1,200 minutes (that's 20 hours) of reading time outside of class during the same period, between Oct. 2 and Jan. 12, 2018. Those students will receive a complimentary ticket to an upcoming 'Canes game, and a parent or guardian will receive a ticket at a significant discount.

Here are some fun facts about the READvolution program:

- A total of 258,320 books were read by our elementary students during the READvolution period – more than a quarter million books!
- ALL of our elementary schools participated!
- 51 schools met or surpassed the goal of reading 2,020 books collectively.
- The schools reading the highest number of books were Carpenter and Weatherstone Elementary, with 14,292 and 12,932 books read, respectively. Since these schools topped 10,000, the 'Canes have graciously agreed to invite them to the practice, too!

WCPS officials drew nine winning schools from the 51 schools that met or surpassed the 2,020 goal. They are: Cedar Fork, White Oak, Olds, Fuquay-Varina, Lincoln Heights, Brooks, Apex, Jones Dairy and Lake Myra Elementary Schools! Congrats to you all! Students and teachers from these schools will attend a 'Canes practice on Feb. 21 at PNC Arena.



'POWER PLAY' CHALLENGES MIDDLE-SCHOOLERS TO BE FIT

In recognition of the 20th Anniversary of the Carolina Hurricanes and the Wake County Public School System's Strategic Plan Vision 2020, we have partnered with the Carolina Hurricanes to bring Power Play to all of our middle schools. This partnership will support a community-wide fitness campaign around daily physical activity outside of school. Your child will be able to be a part of this event by engaging in physical activity daily for 60 minutes!

The Power Play challenge, which kicked off Tuesday, Jan. 9, 2018, included an individual and school-wide component as well as goals for each. The individual component will include the following:

- Students are challenged to participate in three, 20-minute periods (strength, cardio/movement, and free play) each weekday over the course of four weeks, for a total of 1,200 active minutes.
- An electronic library showing a Carolina Hurricanes player modeling different strength and cardio exercises will be available online.
- Through an online tracking system, students will provide their name and the number of minutes that they were physically active in each category per day.
- Students who achieve the goal of 60 minutes per day (Monday-Friday) throughout the four-week timeframe will receive a complimentary ticket voucher to a Hurricanes home hockey game.

Thanks to the Carolina Hurricanes for these amazing partnerships!

The school-wide component of the challenge will include the following:

As a part of the prescribed Health and Physical Education curriculum, students are asked to complete a mile run as well as a shuttle run (beep test) during their PE class. Students' times in these activities will be collected and computed to create a school-wide average. Schools are challenged to reduce its overall average time in the mile run by 20 seconds and increase the number of laps in the shuttle run by 20 percent by the end of the school year. The top three schools that show the greatest improvement in the mile and shuttle run will receive a pep rally and a healthy snack from the Carolina Hurricanes.

The top 5 schools that show the greatest improvement in the mile and shuttle run (10 schools total) will receive a full set of street/indoor hockey equipment from the Carolina Hurricanes.

